

# Personal recommendations from your TAG TOUR guides!

## Eating out

Usual lunch service is from 12 noon to 2 pm, dinner service is from 7:30 pm to 10 pm

- FT** **PaneOlio**, bld Jean Jaurès – great quality Italian antipasti **AD OS**
- FT** **Lu Fran Calin**, 5 Rue Francis Gallo (Old Nice) – the local Niçois specialist!
- FT** **Maison Auer**, 7 rue St François de Paule (Old Nice) – amazing chocolate and very sweet candied fruit
- FT** **Multari**, 8 bld Jean Jaurès – Nice’s best Tourte aux Blette sucré, great bakery **AD OS**
- FT** **Caprioglio**, 16 rue de la Préfecture (Old Nice) – Nice’s best wine shop. Buy wine out of a cask at 2.45 €/litre!
- FT** **Socca’Tram**, 6bis avenue Alfred Borriglione (Liberation area) – Nice’s best Socca! **OS**
- FT** **Olio Donato**, 5 rue de la Boucherie (Old Town) – Olive oil, Truffle salt & more (not a restaurant).
- FT** **Boulangerie du Palais**, 21 rue du Marche (Old Town) – Delicious breads and sandwiches.
- Cibo Bistrot**, 4 rue Défly (near Garibaldi) – Excellent Italian, must reserve.
- La Voglia, La Favola, Di Piu** – Good value Italian restaurants clustered together on or near the Cours Saleya. You cannot reserve, so be prepared to wait 10 to 30 mins, or go early at 7:15 pm **OS**
- Le Bistro du Fromager**, 29 rue Benoît Bunico (Old Nice) – for cheese lovers.
- Le Comptoir du Marche**, 8 rue du Marché, (Old Nice) – top quality, local, fresh cuisine – must reserve
- Chez Palmyre**, 5 rue Droite (Old Nice) – 18€ menu, local French cuisine, excellent quality – must reserve
- Di Yar**, Cours Saleya – Delicious Lebanese, fab location **V AD OS**
- L’Union restaurant**, 1 rue Michelet (Valrose tram stop) – highly recommended fresh Niçoise cuisine **OS**
- Le Banthai**, 29 rue Droite – Simple menu – Excellent Thai food.
- La Table Alziari**, 4 rue François Zanin, excellent classic Niçois cuisine (they sell Bellet Wine) (Ruth’s favourite)
- Attimi**, Place Massena or **Sentimi**, place Garibaldi – Quality Italian, part of Slow Food Movement **OS**
- 100% Tacos**, 1 rue du Pontin - right beside bike shop, 100% Mexican **OS**
- Le Bistrot Gourmand**, 3 rue Desboutin, just off Place Massena – fine dining ex-Michelin star, €23 lunch menu
- Le Boccaccio**, 7 rue Massena, (pedestrian street near Place Massena) – seafood restaurant **OS**
- Le Bistrot d’Antoine**, 27 Rue de la Préfecture (Old Town) - classic French Bistrot
- Cafe Lea**, 31 rue Gioffredo (Nice centre) – excellent quality French/Mediterranean cuisine on **Michelin guide**
- La Merenda**, 4 rue Raoul Bosio – French & local. Run by ex Michelin star chef (Kristen’s favourite)
- Oliviera**, 8 Bis rue du collet (Old Town) – Olive oil based restaurant, lovely owner. Must reserve
- La Marinette**, 13 rue Colonna d’Istria (next to bike shop) – Delicious French food, highly recommended!
- Le Trimaran-Crêperie**, 13 Place St François (Old Town). Delicious sweet & savoury Crepes lunch **OS**
- Saj**, 35 rue Droite. Lebanese/Greek/Cypriot style food. Very friendly. **V OS**
- Koko Green**, 1 rue de la Loge. Vegan & raw foods restaurant. Lunch Thurs-Sat. Sat eve. **V**
- Fine Gueule**, 2 rue de l’Hôtel de Ville – chic French style cuisine (not cheap).
- Acqua e Farina**, 39 rue de la préfecture (Old Town). Warm atmosphere. Italian style dining. Good pizzas. **OS**
- Maido**, 29 rue Tonduti de l’Escarène. Japanese tapas. Lunch & Dinner. Open Tue-Sat.
- Le Makassar**, 5 rue Alexandre Mari. Restaurant & Tapas. BEST Sunday brunch around! **OS**
- Gepetto**, 9 Rue Chauvain. “Orgasmic” pasta dishes and quality Italian for lunch + open Fri & Sat evening
- Alto Resto**, 10 Rue Fodéré, Italian/ French fusion with a touch of Chef Stefano’s creativity (Thelma’s favourite)
- Côté Marais**, 4 Rue du Pontin, Delicious & cosy French restaurant right opposite our shop (Debbie’s favourite)
- Chez Acchiardo**, 38 Rue Droite, delicious local cuisine, good prices, closed weekends and August!
- Le Plongeur**, 60 Boulevard Franck Pilatte (at the far end of the port) - have lunch/dinner on a diving platform!
- Le Frog**, 3 Rue Milton Robbins, lots of French specialities including Snails and Frogs legs. **OS AD**
- Le Pass’port**, 8 Quai des Docks, Niçois cuisine where the locals eat in the Port area. (Cyds favourite) **OS**

Phone us at +33 (0) 9 86 65 75 17 or visit [www.atasteofnice.com](http://www.atasteofnice.com) to book any tour. Earn a 5€ return discount!

**FT** - We visited, or used produce, on the Food Tour. **AD** - serves All Day. **OS** - Open Sundays. **V** - Vegetarian/Vegan

## **Niçois Specialities**

**At a restaurant** – Petit Farcis, Panisse, Socca, Vegetable Beignets, Daube Niçoise, Salade Niçoise, Ratatouille

**From your local boulangerie** – Pan Bagnat, Tourte aux Blettes sucré, Tourte aux Blettes salée, Pissaladière

## **Smoothie/juice bars**

**The Healer**, 16 Bld Jean Jaurés. Tues-Sat.

**Badaboum**, 11 rue François Guisol. Lunches too. Open for dinner Fri & Sat **V**

## **Gelatos/Ice cream**

*(Closed during the winter months)*

**FT Roberto Ier**, 10 rue du Marche and Place Central (Old Town) – Best Italian Gelato in central Nice!!

**Glacier Arlequin Gelati**, 9 ave Malaussena – Excellent Gelato place near Liberation market!

**Gelateria Garibaldi**, 54 Avenue de la République, 06300 Nice - good value gelato near place Garibaldi

## **Nightlife and cafés**

**Rue de France/Massena** – bars in touristy area, e.g. Cote Lounge (nice apéro), La Havane (Cuban bar, salsa dancing, food so-so)

**Rue Bonaparte** (the Port) – a bit off the tourist trail, up & coming local bars and places, Deli bo – great lunch, Gossip bar

**Quai des Etats Unis** - some seafront bars like Movida, nice ambience and sea views

**FT Pub St Riquiers**, 24 rue Benoit Bunico. Excellent and friendly local bar with a boule court in the basement!

**FT NOMAD**, 3 Place Saint-François, a local's bar, friendly service (Kelly's favourite).

**Hobo Coffee** (café), 5bis rue Sainte-Reparate. Cosy place with **filter** coffee.

**Cafe Brasilia**, 8 rue Bonaparte – Good Coffee (closed Sundays and Mondays)

**Au Fût et à Mesure**, 2 rue Jules Gilly – good/wide selection of beers

**AKATHOR**, 32 Cours Saleya, Old Nice – Scandinavian bar, great terrace, live music inside

**The Snug**, Old Nice, 22 rue Droite – enjoy good banter over a drink in an Irish bar.

**Master Home**, 11 rue de la Préfecture- enjoy some nibbles with a drink, live music most evenings.

**Ma Nolan's**, Old Nice, just off the Cours Saleya – watch sport, live music – another Ma Nolan's at the port

**Wayne's Bar**, 15, rue de la Préfecture, Old Nice – Expat bar. Happy hour is until 8 pm, live music

**Les Distilleries Idéales**, 40 rue de la Préfecture, Old Nice – rustic French bar

**Pompei (Le Bulldog Pub)**, 16 rue de l'Abbaye – go after closing time. Or **Blue Whales**, 1 rue Mascoinat

**El Merkado**, 12 rue Saint François de Paule (near Opera) – tapas bar with great live music and drink selection

**Shapko**, 5 rue Rossetti (Old Nice) – great jazz and music bar

**Le Negresco**, 37 Promenade des Anglais – grab a Café Negresco

**Beer District**, 13 rue Cassini – great place if you like your beers. Always something different.

**La Part des Anges**, 17 rue Gubernatis. Wine bar – one of the best in town.

## **Other useful people to know...**

**Bag Guys**, Place Rossetti (Old Town). Leave your bags in a secure place.

**Bike Rental** – ASK US!

## **Fun and Interesting half day or day trips**

**Buses:** for Monaco, Villefranche, St Jean Cap Ferrat, stops are changing due to work in the port. Normally, they leave from near Place Garibaldi 1.50 € each way. Alternatively, buy a €10 ticket from Lignes D'Azur shop near place Garibaldi, gives you 10 rides at €1. Use the same ticket for multiple passengers, for the

tram and all buses in the county except the Airport buses. For **Eze** go to **bus station Vauban** (descend at Vauban tram stop, follow the tracks in direction away from Nice centre, take 1st right onto rue du Roquebilliere, the stop is at the roundabout, on the right). Buses not as frequent on Sundays and holidays.

**Monaco** – take no. 100 bus. ~1 hour journey. Bus leaves every 15 mins. Train is faster and about 7 € return. Dine in Monaco, however remember last train home leaves early. Or take a boat there from Nice Port from June to Sept. If driving, stop off at **La Turbie village** (see also la Tête du chien below) above Monaco, spectacular views of the principality. **Do our Ebike tour of Monaco - monacobiketours.com**

**Villefranche** – stop off here for breakfast/lunch on the way to Monaco, it is a pretty little colourful town with a sandy beach. Take bus no 81 or no. 100 or get the train.

**St Jean Cap Ferrat** – get bus no. 81, get off at Port St-Jean-Cap-Ferrat. A quaint village with many houses for the rich and famous. You can take a stunning 2km flat walk all along the cap starting from Paloma Beach (from the village, walk up past the hotel La Voile d'Or and it's the next beach). We also recommend **Villa Ephrussi de Rothschild** – amazing gardens, a little piece of paradise!

**Cap d'Ail – Plage de la Mala** – beautiful beach, stoney. Get the train there (last stop before Monaco). There are many steps down to the beach (not stroller friendly). Watch the sunset over Cap Ferrat!

**Eze** – Beautiful medieval village 30 mins bus journey from Nice, get no. 82 or 112 bus (112 not running Sun). 2 hours is sufficient to visit the village. Visit the perfume factory, touristy with a shop at the end but interesting. Feeling sporty? Take a steep hike down to the village below called Eze-sur-Mer, about 1.5 hours long, amazing sea views. Possible to take no. 112 bus to Monaco from Eze.

**Antibes** – take the train or cycle on the coastal road. Lovely Provençal style coastal town, with lots of restaurants and shops and a nice marina – the largest yachting harbour in the mediterranean! About 20 mins on the train.

**Juan les pins** – best sandy beaches between Cannes and Nice. Seaside resort atmosphere and shopping open 'til midnight. Take the train or combine with Antibes.

**Cannes** – take the train, about 45 mins journey, visit the promenade, beaches, marina and old town. Get ferry to the relaxing islands “**Les Iles de Lerins**” – Visit the 1500 year old Cistercian Abbey on Île Saint Honorat.

**St Paul-de-Vence** – Many quality art galleries and pretty shops in a medieval hilltop village. Inspiration for many artists and film directors. Go by car or bus. It is about 1 hour on bus 400 from Jardin Albert 1er

**Entrevaux** – A medieval village, complete with a real drawbridge, deep into the mountains. About 60 km from Nice. You can take the Train des Pignes from the Gare du Sud, about 10 minutes' walk behind the main train station Nice-Ville, or from the “Liberation” tram stop. The actual train station is in a makeshift building well behind the historic station building.

**St Tropez** – do not go anywhere near it in a car during the main season! Take a boat trip from the port of Nice, 2.5 hrs one way, daily during July and August, no service October - May. Alternatively, get the train to St-Raphael, then get a ferry to St Tropez.

**Cimiez** in Nice – get no. 15 bus (or no. 22 only on Sundays) from the stop behind Galeries Lafayette just off Place Massena, called Massena/Guitry. Get off at the **Chagall Museum** first, then take the same bus up to the **Matisse Museum**, see Queen Victoria's hotel Regina (now apartments), Roman ruins, a monastery and a pretty park full of olive trees. Chagall & Matisse are closed, Tuesdays and public holidays

**Day trip to Italy** – catch a train to San Remo or Bordighera, change at Ventimiglia

**Valbonne, Biot or Grasse** – pretty quaint villages within easy driving distance. **Car required**

**Mountains** – the hidden aspect of the French Riviera – discover total wilderness within one to two hour's drive! Go to Utelle for a walk and have lunch at the monastery at la Madone d'Utelle. **Car required**

**La tête du chien** – look down on the rich & famous in Monaco! Drive to La Turbie, then head right for Cap d'Ail, then left after 300m, signposted “Tête du chien”. Park at the end of the road by an observatory and walk through a tunnel out onto the rock. **Car required**

**BEWARE OF PICKPOCKETS**, they are everywhere (public transport, town, restaurants, beaches...)

**Police Nationale:** make a declaration in English – 1 av Maréchal Foch

**Phone numbers in case of credit card theft:** +33 (0) 892 705 705, American Express: +33 (0) 892 68 32 08

**EMERGENCY SOS Number from a mobile phone in Europe: 112** (Fire, Theft, Medical Emergency)

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## All the great TAG TOURS not to miss!

Return customers get 5 euros off all our tours - remember to always **BOOK DIRECT!**



### The Nice Cycle Tour, 3 hrs, 35 €

Go where the tour bus can't, go further than the walking tours, experience more with less effort! The Nice Cycle Tour is the best introduction to the secrets of Nice. We cover the Old Town, the Promenade des Anglais, the Colline du Château and much more on our easy-to-ride bikes.



### The Pure Nice Food Tour, 4 hrs, morning 75 € or dinner 95 €

NEW in 2019 - available as a dinner tour! Nice's best gourmet walking tour – savour the unique flavours of Nice with the Pure Nice Food Tour! On our tour, you get to taste your way through local specialities. You will not only get a feel for the flavour of Niçois cuisine, but also the unique history and culture of Nice.



### Secret Organic Vineyards of Nice eBike Tour, 5 hrs, 75 €

Discover Nice's best-kept secret on this bike tour to the Bellet hills and their unique vineyards still within the city limits! Our eBikes make the hills easy for all active people and allow you to focus on the views and the wine!



### The French Riviera eBike Tour, 4 hrs, 50 €, or 7 hrs, 125 €

Venture beyond Nice and see the best panoramic views in the south of France from hidden hill tops. The easy to cycle eBikes (electrically assisted bicycles) make this tour accessible to all active people!



### The Tour de France of Organic wine, 2 hrs, 45 €

The Tour de France of Organic wine is the best pre-dinner activity in Nice! Taste 6 great French organic wines in an authentic wine merchant's depot. Our entertaining and knowledgeable guide will teach you all there is to know about French organic wine.



### NEW in 2019 - Monaco Bike Tours, 3.5 hrs, 50 €

Discover all of Monaco's main attractions on this 3.5 hour eBike tour. Get an insight to Monaco that most tourists miss, from the Prince's Palace (Grace Kelly's home), the infamous Monte Carlo Casino square, the formula One Grand Prix track and much more. Tours start from Monaco daily at 10:30 am. [www.monacobiketours.com](http://www.monacobiketours.com)



### Bike Rental - from 10 €

Rent the best conventional and electrically assisted bikes from us

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